

Principal's Message

***“Excellence with a Soul,
Outstanding with a Heart”.***



Attributed to the leadership of previous principals and the concerted efforts of colleagues, the school has attained great achievements and improvements in recent years. We have a good reputation in the district and our students are well performing in both academic and non-academic areas. Built on this good foundation, the school is expected to further develop and excel.

Students are God's precious gifts. I hope all of you will develop a positive value and reach your full potential to let your life shine. I hope that all of you can attain your top standard and perform well in various aspects of your life. I believe all of you can become a student of “Excellence with a Soul, Outstanding with a Heart”. Please make an all-out effort to strive for excellence in your learning as well as give an outstanding performance in all the competitions and activities you join.

Besides, it is of vital importance to be a person with a Soul and a Heart, our who dares to dream and cares about the others. “Love and Care” is the traditional theme of our school. People here love and care about each other. Teachers and staff are supportive and kind. They care about every single one of you wholeheartedly.

My fellow students, try your very best to become a person of “Excellence with a Soul, Outstanding with a Heart”. May God bless you all!

Dr. Felix Cheng
Principal



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CCC KEI YUEN COLLEGE

School Bulletin
Issue : 2/2020

HKDSE Outstanding Students

2016 - 2019



5** - 3 subjects
5* - 1 subject
5 - 3 subjects

6C SIU HOI TUNG 蕭凱童
Medicine (MChB) Programme, CUHK
香港中文大學，內外全科醫學士



5** - 3 subjects
5* - 4 subjects
5 - 1 subject

6E LI YIK TSUN 李亦浚
Pharmacy, HKU
香港大學，藥劑學



5** - 1 subject
5* - 5 subjects
5 - 1 subject

6E LAM KA KIM 林嘉欣
Quantitative Finance and Risk Management Science, CUHK
香港中文大學，計量金融學及風險管理科學



5* - 1 subject
5 - 6 subjects

6E TSE MAN KIT 謝文杰
Optometry, Poly U
香港理工大學，眼科視光學



5* - 5 subjects
5 - 2 subjects

6E LEE WAN YIU 李泓珽
Physiotherapy, Poly U
香港理工大學，物理治療學



5** - 1 subject
5* - 3 subjects
5 - 2 subjects

6E CHEUNG CHAK TING 張澤庭
Biomedical Sciences, CUHK
香港中文大學，生物醫學



5** - 1 subject
5* - 2 subjects
5 - 3 subjects

6D WAN HEI YUEN 尹希元
Physiotherapy, Poly U
香港理工大學，物理治療學



5** - 1 subject
5* - 3 subjects
5 - 1 subject

6D CHAN HOI LAM 陳海林
Economics and Finance, HKUST
香港科技大學，經濟及金融學



5* - 2 subjects
5 - 4 subjects

6D YEUNG KIN TUNG 楊建東
Risk Management Science, CUHK
香港中文大學，風險管理科學



5* - 4 subjects
5 - 2 subjects

6E POON WING HO 潘詠濠
Physiotherapy, Poly U
香港理工大學，物理治療學



5* - 3 subjects
5 - 3 subjects

6E LAM CHAK WA 林澤華
Optometry, Poly U
香港理工大學，眼科視光學



5** - 1 subject
5* - 2 subjects
5 - 2 subjects

6C CHAN SHUK KWAN 陳淑鈞
Translation, CUHK
香港中文大學，翻譯學



5** - 1 subject
5* - 2 subjects
5 - 2 subjects

6D LAM YEE CHING 林以正
Enrichment Stream in Theoretical Physics, CUHK
香港中文大學，理論物理精研



5** - 1 subject
5* - 1 subject
5 - 4 subjects

6E CHENG TSZ WANG 鄭子泓
Engineering, HKU
香港大學，工學



5** - 2 subjects
5* - 1 subject
5 - 1 subject

6D YEUNG KAI KONG 楊啟江
Enrichment Mathematics, CUHK
香港中文大學，數學精研



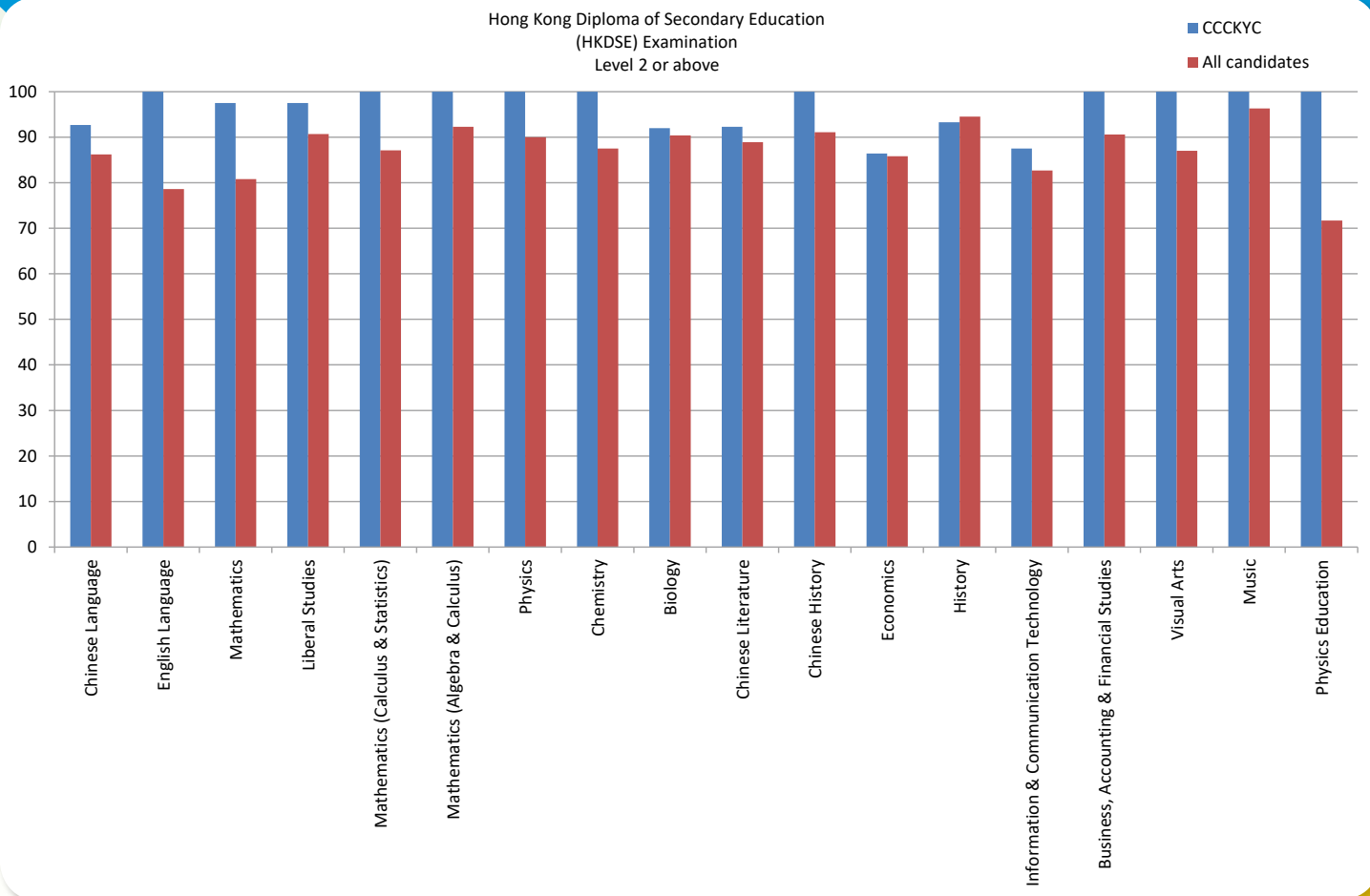
5** - 1 subject
5* - 3 subjects
5 - 1 subject

6D CHECK CHUNG YIN 卓仲賢
Occupational Therapy, Poly U
香港理工大學，職業治療學



5* - 1 subject
5 - 4 subjects

6C YIM PUI WA 嚴珮華
Economics and Finance, HKU
香港大學，經濟及金融學



The following 2019 HKDSE results of our school were higher than the Hong Kong average:

- ☆ Average passing rate of all subjects :96%
- ☆ Average passing rate of 4 Core subjects :97%
- ☆ Passing rate of English Language :100%
- ☆ Passing rate of Chinese Language :93%
- ☆ Passing rate of Mathematics :98%
- ☆ Passing rate of Liberal Studies :98%

Subjects with 100% passing rate

English Language, Chinese History,
Mathematics (M1), Mathematics (M2),
Physics, Chemistry,
Business, Accounting and Financial Studies,
Visual Arts, Music, P.E.

**Total:
10 subjects**

Subjects with Level 2 to Level 5
rates higher than the
Hong Kong average**

Chinese Language, English Language, Mathematics,
Mathematics (M1), Mathematics (M2), Liberal Studies,
Physics, Chemistry, Biology, Chinese History,
Chinese Literature, Economics,
Business, Accounting and Financial Studies,
Information and Communication Technology,
Visual Arts, P.E., Music

**Total:
17 subjects**

Subjects with Level 4 to Level 5
rates higher than the
Hong Kong average**

Chinese Language, English Language, Mathematics,
Mathematics (M1), Liberal Studies, Physics,
Chinese History, History,
Business, Accounting and Financial Studies,
Information and Communication Technology, Visual Arts, Music

**Total:
12 subjects**

Congratulations to CCKYC former students with Academic Honours in THE UNIVERSITY OF HONG KONG (2018-2019)

THE CHINESE UNIVERSITY OF HONG KONG (2018-2019)

THE HONG KONG UNIVERSITY OF SCIENCE AND TECHNOLOGY (2018-2019)

HONG KONG BAPTIST UNIVERSITY (2018-2019)

	Name of Student (Year of graduation)	Study Programme	Academic Honours
THE UNIVERSITY OF HONG KONG (2018-2019)	TAM Yeuk Sze (2015)	Social Sciences	Dean's Honours List
THE CHINESE UNIVERSITY OF HONG KONG (2018-2019)	TSUI Ho Yan (2015)	Professional Accountancy Programme	Dean's List
THE HONG KONG UNIVERSITY OF SCIENCE AND TECHNOLOGY (2018-2019)			
HONG KONG BAPTIST UNIVERSITY (2018-2019)	CHUNG Wing Yan (2018)	Bachelor of Arts (Hons.) in Humanities	Dean's List
	HO Long Hei (2015)	Bachelor of Social Work (Hons.)	Dean's List President's Honour Roll
	KWOK Chung Lawrence (2018)	Bachelor of Science (Hons.) in Computer Science	Dean's List
	LAU Sze Hang (2015)	Bachelor of Social Sciences (Hons.) in Government and International Studies	First Class Honours Dean's List President's Honour Roll
	NG Sze Long (2017)	Bachelor of Arts (Hons.) in Humanities	Dean's List
	WONG Ka Man (2016)	Bachelor of Arts (Hons.) in Chinese Language and Literature	Dean's List
	WONG Wing Yin (2016)	Bachelor of Social Sciences (Hons.) in Sociology	Dean's List
	ZOU Chuying (2018)	Bachelor of Science (Hons.) in Chemistry	President's Honour Roll Dean's List

Sharing by HKDSE Outstanding Students 2019



Time really does fly! Although six years of my wonderful school life have come to an end, I still remember the first day I came to what was then an unfamiliar environment. All the laughter I enjoyed and all the lament I experienced are still vivid memories in my mind. In these six years, I

2019 HKDSE Results:

5** - 3 subjects

5* - 1 subject

5 - 3 subjects



have equipped myself with various types of knowledge, sharpened my competitive edge and turned into a better person. Not only have I learnt how to get good results in the DSE examinations, I also have met many caring and supportive friends.

Frankly, I have faced countless obstacles during the last six years. However, with the support of my beloved family, my patient teachers and my caring friends, I was able to overcome these obstacles one by one. Nothing is impossible if you have a willing heart. If you are willing to make every second count and strive for academically excellence, your hard work will definitely pay off. Remember, your limitation are only your mind. So, dream it! Plan it! Do it! And finally you will make it!

6C Siu Hoi Tung

CUHK Medicine (MBChB) Programme

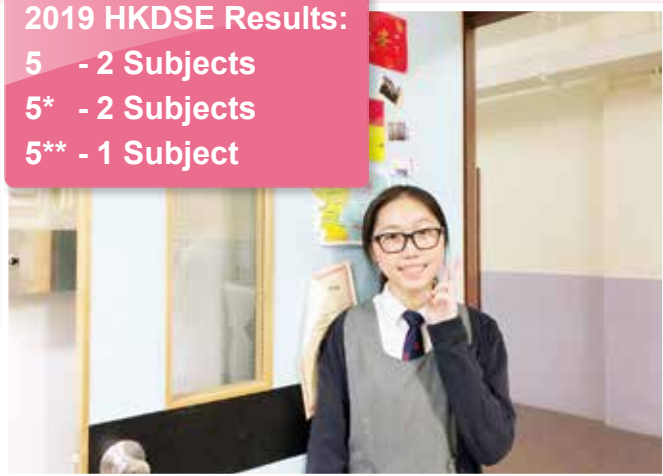


As a graduate of CCC Kei Yuen College, I have gained a lot of memorable experiences during my secondary school life.

To begin with, our school campus is indeed a hospitable learning environment. As we all know, our Hong Kong metropolis has been labeled as “a pressure cooker” for students, who usually suffer tremendous stress as they prepare for the public examinations. Thankfully, our school is a hothouse for bright students, and we are taught to be lifelong learners thirsty for knowledge and enlightenment. Not only do our teachers provide us with the knowledge and skills we need to take our exams, they also provide us with warmth and guidance. They teach us to face academic setbacks bravely, treasure every moment we spend with our peers, strive for personal excellence, and have no regrets. We students also share our ups and downs and enjoy intellectual exchanges with each other.

2019 HKDSE Results:

- 5 - 2 Subjects
- 5* - 2 Subjects
- 5** - 1 Subject



Although our school plays an instrumental role in our learning, we also need to be self-disciplined learners. All teenagers relish playing on their phones and hanging out with their friends. I am no exception! However, I understand that I need to be a responsible student as well. Therefore, I try to manage my time well. I study hard during weekdays and do revision on Saturdays so that I can have my Sundays free for leisure activities. Apart from memorising the facts and studying the information in textbooks, I also settle questions or confusion I might have and consolidate my knowledge by doing past examination papers and making my own notes. It is important for us to work diligently.

Above all, twists and turns are always unavoidable, but they are not insurmountable if we change our attitude towards our studies and seek help from teachers and friends.

6C Chan Shuk Kwan
CUHK Translation





Time flies, all good deeds come to an end eventually and so does my secondary school life.

I remember when I first came to Kei Yuen College. Everything is so different yet so familiar. Differences are the new campus, new classmates and new everything. Yet, the feeling of being loved and cared is familiar. Teachers care about every single one of the students and schoolmates show their support to each other. Now, even after six years, striving to improve ourselves and becoming better, the feeling is only strengthened by our time spent studying late in the school and our ever-growing friendship. I will always remember the ups and downs with my fellow schoolmates and treasure it in the bottom of my heart.

With love, comes loss. It is part of the deal. Sometimes it hurts being apart, but, in the end, it's all worth it. After all, there is no greater gift than love.

6D Lam Yee Ching

CUHK Enrichment Stream in Theoretical Physics

2019 HKDSE Results:

4 - 2 Subjects

5 - 2 Subjects

5* - 2 Subjects

5** - 1 Subject



Empathy Chairperson



It is my great pleasure to lead our cabinet, Empathy, in forming the 27th Student Union at CCC Kei Yuen College.

Firstly, I want to thank my hard working cabinet members, supportive teachers and my fellow schoolmates. During the campaign, our cabinet members made a great team effort and our dear teachers kindly gave their helping hands to ease our work. The student support we received especially motivated us to do our best.

Secondly, the whole campaign process taught me a great deal. I improved my problem solving skills when we encountered setbacks and more importantly I learned how to remain calm and be confident when facing difficulties. Being a member of our school's student union has

shown me that when we work together, we can accomplish much. I also learned that forming a student union is not an easy task.

Thirdly, Empathy is committed to serving our school, bringing our fellow schoolmates a better learning environment, and creating memorable experiences. Kei Yuen College is my second home and I have a strong sense of belonging and loyalty here. I am dedicated to this school and I know that being a student union chairperson will definitely be the most remarkable experience in my secondary school life. Thus, I pledge to fulfil my chairperson responsibilities with determination, humility, and gratitude.

5C CHAN WAI MAN



Sharing by the Winners of The Jockey Club Student Drawing Competition of Hong Kong Flower Show 2019



I am glad to have a chance to share my achievement of being awarded the championship in a Hong Kong Jockey Club sponsored drawing competition I joined on 15 March 2019.

It was the second year that I participated in this competition. Sitting in Victoria Park to draw for three hours was no easy feat. Keeping focused on my work is sometimes very difficult for me. However, I was able to finish the drawing on time which was a big breakthrough for me. I think it was a very meaningful experience indeed!

Throughout this year I improved a lot. I met a lot of talented, strong people who taught me that I need to be more hard-working and that I should not be too proud. Perhaps the most important thing I learned is that I am not on this journey alone. The people I met and the friends I made all helped to energize me and helped me to reach my goals. I am grateful that they stood by me and supported me this past year.

I also want to thank Ms Chu, my Visual Arts teacher, for spending her own time giving me advice and guidance. I am also grateful to my classmates who supported me and continue to support me as I grow as their friend and artist.

2A Hau Yuen Ting

Champion of the Junior Section in Secondary School



I would like to share with you an achievement I earned in a competition I joined. I feel grateful to have been awarded the championship in a drawing competition sponsored by the Jockey Club.

During the competition, I felt anxious as it was my first time to paint outdoors. I tried to keep calm in order to use my abilities to the fullest. Indeed, I pulled out all the stops to make my painting better.

Finally, I was so surprised that I was awarded the first prize in the competition. I hope that through my hard work I can have bigger achievements and success in the future.

4D Chan Hiu Ching

Champion of the Senior Section in Secondary School





SCAD Design Immersion Summer Challenge Camp 2019

What an amazing week it was when I participated in a SCAD (Savannah College of Arts and Design) programme in July. I have always wondered what the university is like, as it is one of the better art schools in Hong Kong. It was exciting to experience the vibrant life of the university with its brilliant architecture and great education.

No sooner had we arrived, I was totally amazed by the stunning buildings. For a second, I thought I was back in the past. I was deeply impressed when I saw the clever design of combining an old court with modern interior design. When we were having a tour inside the College, we saw tons of masterpieces hanging in every corner. My eyes just could not take them all in!

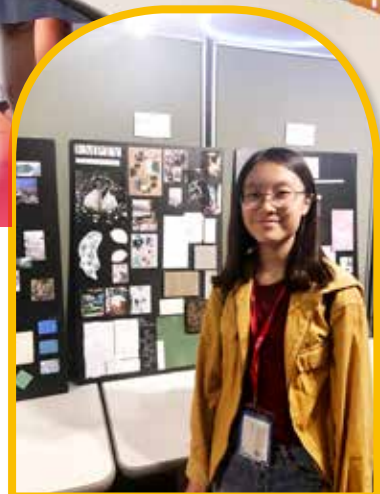
In the week I spent at SCAD, I learnt a lot of skills, especially in the interior design course. I have been dreaming of being an interior designer

since I was a little kid. After joining this course, I learned numerous concepts about interior design and gained so much knowledge. This experience has truly motivated me to become an interior designer in the future.

Before joining the SCAD Design Immersion Summer Challenge Camp, I was rather a shy person. However, my experiences during the week long programme helped me to become more willing to share my thoughts and feelings with others. I've never imagined I would gain so much from this one week programme!

Overall, I am glad that I joined the Camp and I hope I can have a chance to join it again in the future.

5A Fung Yan Lam



During the 2019 summer holiday, I was grateful to have a chance to participate in a 7-day camp at the Hong Kong branch of the Savannah College of Art and Design (SCAD). It was a meaningful programme for me as it broadened my horizons and improved my confidence in speaking and interacting in English. This programme was mainly focused on developing students' creative vision through art and design assignments and projects.

In those few days, I attended an acrylic painting workshop and a DIGs project. You might think that I went there to enjoy painting with my friends or to relax. However, in the acrylic workshop, the professors taught me a lot of painting skills such as how to match colours and how to control my brushstrokes.

While at SCAD, I also had to present my artwork in front of my foreign classmates. I was nervous at first but later I felt more confident after receiving positive feedback from them. You might be wondering what the DIGs project was and what I had to do while being a participant. The DIGs project was a programme co-organised with a famous company - Google. In the project, I had to cooperate with my group members in order to collect some creative ideas to improve Google Map.

The most unforgettable part of the camp was meeting a lot of new friends from different countries such as Myanmar, Thailand, the United Kingdom, and the United States. During the camp, I had a lot of opportunities to communicate and work with them. I found that they were easy-going and talkative. Moreover, I love the environment at SCAD because the college is a historic building and formally part of the high court. I had a great chance to study in a court room. It was an unforgettable experience for me.

This programme not only broadened my horizons and improved my art skills, but I also improved my English a lot. It was the most exciting and meaningful camp in my life.

5C Yiu King Chun



An Exchange Experience at YOT Tin Ka Ping Secondary School

This was my first time joining an exchange programme and it was a great chance for me to look at the campus of another school. Let me share my feelings with you.

I was elated when I was told that I got this rare chance to join the exchange. On 12th April, I first saw the five students from YOT Tin Ka Ping Secondary School. I was a bit nervous when first meeting them but a girl named Lorna who sat next to me made me feel more comfortable. We chatted happily during recesses and lunch time. The exchange students were really friendly and courteous.

Two weeks later, we visited their school. I am fond of their school life and cheerful schoolmates. The grass is always greener on the other side of the fence! Not really, but through this experience, I discovered a lot of differences between CCC Kei Yuen College and YOT Tin Ka Ping Secondary School and each school has its strengths. Take extra-curricular activities as an example. TKPSS has a variety

of interesting clubs, such as an Anime Club, an Astronomy club and a Mandarin Club. KYC also has plenty of clubs that help students in all-round-development, including music clubs, sport clubs and academic clubs. Also, they put photos of their school life on the walls of their corridors instead of artwork like



us. I could see that students at TKPSS have jubilant school life while KYC has a good visual arts programme.

I am thankful for this precious opportunity because I have made new friends and broadened my horizons.

4C Kei Wing Sum



Huizhou PE Camp 2018

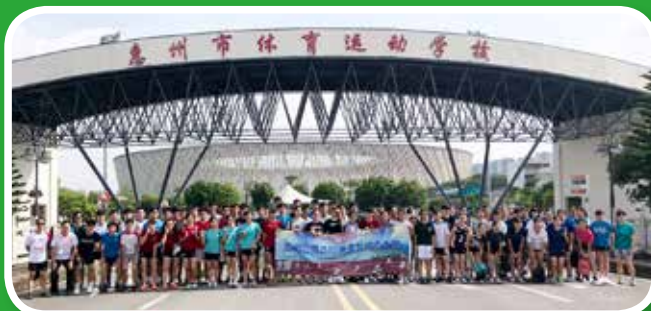


During the summer holiday I participated in a PE camp in Huizhou and I would like to share my great memories and experiences with you.

On the first day, we took several hours to go to Huizhou by bus. I saw a lot of fascinating views. Then, we started our training at the Huizhou Sports School in Huizhou. The school has a lot of facilities for training and it is larger than our school. I found the campus amazing actually! There were many sports and fitness training lessons. The training was hard but I finished them with my greatest effort.

Though the training made me feel tired, I improved my basketball skills. I also got a lot of precious memories with my friends. It was a meaningful and unforgettable camp for me.

4D Lo Suet Wing



GEOGRAPHY CAMP 2019

Our annual Geography Camp was held on the 14-15 March on Cheung Chau. We stayed in the Caritas Oi Fai Camp Site for two days and one night and we all had an exciting experience.

On 14 March, we gathered at the Central Pier at 8.00 am. When all the students and teachers had arrived, we took a fast ferry from Central to Cheung Chau. The weather that day was not very good because it was raining a lot. Some of us did not feel well when getting off the ferry. After we finally reached our destination, we walked to the learning center for about 15 minutes. It was raining hard so we tried our best to finish the first part of our camp.

On the first day, we had a field trip entitled 'Sustainable Development on Cheung Chau' to find out the sustainable features on the island by distinguishing their land use in different zones. We first went to the centre called 'Caritas Chan Chun Ha Field Studies Centre' which is on the top of a hill. The road to this centre was very steep and it was hard for us to walk there.

At 10am, the course started. A teacher first gave us a briefing on what we were going to do and taught us how to use the equipment and materials we would be using to measure wind speed and wind direction. Then we went down the hill to Tung Wan and the public pier



to have our field trip. After we had collected the data, we did an experiment to test the water quality of the beaches. We compared the noise level, air quality, flow rate, and sea quality between the two places. Afterwards, we did some laboratory work and had a discussion in the centre. After our dinner at 6.00 p.m., we went to the town centre to have a walk and tried some local food.

On the second day, we explored the coast of the island. Before going to Tung Wan Beach and Kwan Yam Wan Beach, we had to do some preparation work like learning how to use the measuring equipment. Having some time left, we had a walk near the pier where we bought some gifts for ourselves as well as our families. We then took a return ferry at 4.35 p.m and our field trip came to an end.

It was a memorable journey for all the participants. We are thankful to our school teachers for giving us this meaningful study course out of school. I hope we can join another camp in the future!

3D Kwok Hoi Ching, 3D Ng Chin Ying





I am happy that I could join this geography field trip on 14-15 March, 2019. On the first morning, after we had arrived at Cheung Chau by ferry, we needed to walk along a long, wet and steep road to get to the camp. Since the camp is located on the top of the mountain, the walk was very laborious for me.

After we had settled down, we needed to collect data by using equipment like a sound level meter, a tally counter and an anemometer to measure noise levels, flow rates and wind speeds respectively. Also, we needed to test the sea water quality in Central at the Public Pier. Then, we needed to record the major land use of each acre of Cheung Chau to know more about the sustainable development on the island.

Later, we did laboratory work and had a discussion about the field work we had done. The next day, we went to Kwun Yam Wan Beach to learn about beach morphology and to measure the slope angles of the beach. After doing the data analysis and interpretation session, we had completed the course.

From this trip, I know that doing field work is different from learning in a classroom. It is more interesting and we can learn more things. Also, I got closer to my fellow classmates and we have become better friends.



Three School Reporters from 3D interviewed the coach and members of the Rope Skipping Team to know more about their opinions about rope skipping.



Stella Kwok: What are your reasons for joining the Skipping Team?

Hedy Su, Wong Cheuk Lam, Wong Tsz Ching, Wong Wai Kei and Yeung Po Man, 1D:

Skipping is our hobby and we think it is interesting and challenging. We learnt skipping when we were in primary school. Besides, skipping can help us grow stronger.

Wong Tsz Ching, 1B and Cheung Wing Lam, 2C: We joined the Skipping Team in our primary school.

Kary Ng: In what ways is the Skipping Team different compared with other sports teams?

Wong Wai Kei, 1D: Skipping is relaxing but it's easy for us to hurt our feet. Besides, skipping not only helps us to keep fit, it also trains our teamwork and cooperation.

Wong Tsz Ching, 1B and Cheung Wing Lam, 2C: The rope can be used for performing many creative ways of skipping.

Nicole Li: How often do you have training?

Members: Every Friday after school

Stella Kwok: Is it difficult to skip in different ways?

Hedy Su, 1D: Some of the ways to skip are difficult such as the cartwheel and the triple fancy.

Wong Tsz Ching, 1B: It is not too difficult if we have enough practices.

Kary Ng: Have you ever thought of quitting the team?

Cheung Wing Lam, 2C: We have never thought of quitting the team as we have many friends in this team and we love skipping very much.

Wong Tsz Ching, 1B: Skipping is a fun and interesting activity.

Cheung Waing Lam, 2C: I have focused on skipping for a long period of time so I won't give it up so easily.

Nicole Li: What is your target related to skipping in the future?

Tang Cheuk Lam, 1D: We want to join the Hong Kong Skipping Team and get prizes in competitions. We also want to try some new patterns of skipping.

Wong Tsz Ching, 1B: I want to practise more methods of skipping and perform in a good skipping show.

Cheung Wai Lam, 2C: I want to be a world skipping champion. Our reporters also interviewed Mr Tsui Tsz Hei, the Coach of the team.

Stella Kwok: How many boys and girls have joined the Skipping Team?

At present, there are 4 boys and 15 girls in our skipping team

Kary Ng: Why did you start the Skipping Team?

When I first started the team, I wanted to help fellow students win prizes.

Nicole Li: When was the Skipping Team formed?

It was formed in 2018.

Stella Kwok: What is the most difficult part of teaching students to skip?

The most difficult part is that the students always lose the skipping ropes and they sometimes do not pay attention during the lessons. They have to pay more attention when receiving their training.



學生文章分享



我很榮幸於這次作文比賽中獲得少年作家獎。我從小學開始就喜歡作文的表達方式，我亦很喜歡看書，因為我總能在文字當中找到共鳴。除了閱讀別人的文章，我也喜歡自己寫文章，我認為作文的吸引之處是能把自己的想法用一詞一句細緻地呈現給讀者，甚至把讀者帶入自己的世界，從而產生共鳴。我希望自己也能寫出令人產生共鳴和被人肯定的文章。這次有幸獲獎我也要感謝幫助和鼓勵我的李老師，我平日從她身上得到不少的鼓勵和支持，令我對自己更有自信。我日後會更虛心地學習，寫出更多好的文章。

《當我消失了》

人的生命是多麼脆弱，彷彿是由撲克牌組成的，輕輕一吹——就散了。人的一生又是多麼短暫，光陰似箭般，「咻」——一聲就過去了。我，又是多麼渺小呢！又像魔術師手中的白兔般，「呼」——一聲就變走了。如果有一天，當我真的像魔術師的白兔一樣，消失了，又會是怎樣呢？我會被這個世界遺忘嗎？

當我消失了，父母也不會有什麼影響。為我的消失哭過以後，很快就會振作起來，畢竟我只是四個小孩中的其中一個，其餘三人，很快會把我的地位取代了。我消失後，他們也會是個快樂的家庭。為我消失的哭聲被家庭的歡樂笑聲蓋過，親情原來是那麼薄情的嗎？

當我消失了，我的同學和朋友會為我擔憂和流淚嗎？大概不會吧。畢竟比我重要的事物有太多了。可能連我消失了也未必知曉。我的朋友，應該很快就能交到新好友來代替我的位置。一個朋友走，就換另一個。友情何時成了這樣隨便的消耗品？

就是這樣，當我消失了。並不會有小說情節中的嚎哭，也不會有電影高潮中感人的轉折，更不會有熱血漫畫中為我歇斯底里的吼叫。我的消失，只會像深夜時分無人觀看的話劇一樣，安靜又孤寂地落幕，沒有人為這齣悲劇流淚，因為沒有人重視，沒有人看。我所渴求的其實並不多，我並不奢求有人為我的消失獻上鮮花，我只希望有人願意為我流下真誠的眼淚。人，不需要多，一個就夠。淚，不需要多，一滴就好。

當我消失了，希望有人能正視我曾作過的付出或留下的足跡，請別讓我的消失像一吹即散的蒲谷英一樣，消失的瞬間逝去，就把我遺忘了。我知道我的存在才沒有那麼輕薄的，對嗎？回應我的只是一篇寂靜。

3D 文 靜

青年記者培訓課程2019



在這個暑假裏，我參加了由香港青年協會舉辦的「青年記者培訓課程」，這個課程包括：新聞採訪、新聞寫作和剪接工作，而我更加參加了選修課程—主播訓練。

在這個課程裏，我不但了解到記者的工作，還能在香港每年都會舉辦的書展進行親身採訪，採訪的過程真的十分難忘，我亦明白到記者這份工作是不容易的。

經過這一次活動，我明白到社會上每一份工作都不容易，所以我們要體諒不同工作的需要，希望來年都能夠繼續參加這個活動。

2D 郭欣宜



從沒有想過記者的一天是如此忙碌，在書展採訪的幾天內，每天從落實故題到落地採訪，當中前前後後都需要做資料搜集，準備拍攝前也要打足十二分精神，要一早想好畫面的運鏡、構圖，遇到受訪者時便要立刻打開腳架、插入咪線，以確保採訪過程順暢，拍攝後亦需一手包辦剪片和旁白，而且以上所提及的事都必須在短短6、7小時完成。對於第一次接觸記者這行業的我來說，滿具挑戰性，所以每每在完成後看見成品後，我都難掩滿足和興奮之情。

5D 朱巧嵐



燈謎知識

燈謎，即寫在彩燈上面的謎語，本源於民間口謎，又叫「燈虎」。所以猜燈謎又叫「射燈虎」。到了春秋戰國時期，演變成「隱語」或「庾詞」。「隱語」即隱射的言詞，是指須經猜想推測才能得知答案，猶今之謎語。隱語比庾辭較晚出現，但都是以形象生動的評議來隱示事物，上到諸侯將相，下至平民百姓，幾乎人人都喜歡隱語。有些統治者喜隱而不好逆耳之言，臣民若要諷諫朝政，就必須投其所好，利用隱語轉彎抹角地勸諫。在國家之間的政治鬥爭中，為了達到不可告人的目的，也往往用隱語掩人耳目，暗中通情。《漢書·卷六五·東方朔傳》：「舍人不服，因曰：『臣願復問朔隱語，不知，亦當榜。』」《三國演義·第七一回》：「修曰：『此隱語耳。『黃絹』乃顏色之絲也，色傍加絲，是「絕」字。』」此乃隱語也。庾辭則藉外交鬥爭的一種形式而登上大雅之堂。《國語·晉語》記載：「有秦客庾辭於朝，大夫莫之能對也。」可見那時的這些「庾辭」和「隱語」，就是我國燈謎的雛型。直至宋代，一些文人學士為了顯示才學，每年逢正月十五元宵節，將謎條貼在紗燈上，吸引過路行人共同參與的猜謎遊戲，並在民間廣為流傳，因此又有了“燈謎”一稱。清中葉以後，謎風大盛，湧現了許多謎師。

燈謎一般由三部分組成，即謎面、謎目和謎底，稱為謎三要素。在燈謎中凡是謎面上有的字，在謎底中不能再出現，否則稱為「露春」，燈謎一般是不允許露春的。元宵佳節不僅是一種娛樂性活動，其中蘊含著很深的文化內涵，形成了一種獨特的文化活動。在古代，百姓都去看燈、猜謎語，文人們則飲酒、賦詩、答對。其實，猜燈謎與猜謎語一樣，有很多種類別：字謎、兒童謎語、動物謎語、經典謎語、成語謎語等。最為常見的是字謎。一般謎面文字要求簡介明瞭，通俗易懂。傳統的燈謎講求一定的格式，通常所謂燈謎格有廿四種，以下介紹其中四種有趣的格式。

1. 鞦韆格：別名轉珠格，謎底限定兩個字，兩字前後位置互移後扣謎面。

【例】今天（打國家名）

謎底：日本（倒讀是本日=今天）

2. 捲簾格：又名倒讀格。源出自唐代王昌齡詩「欲卷珠簾春恨長」，取珠簾倒卷之意，又稱美人格。捲簾格是十分常見的謎格，謎語愛好者應該可以經常看到帶捲簾格的謎語。其特色是謎底需三個字或以上，顛倒讀後才切合謎面。

【例】函授（猜常用語一）

謎底：講信用（倒讀是「用信講」）

九千九百九十九（打猜成語一句）

謎底：萬無一失（倒讀是“失一無萬”）

3. 粉底格：謎底字數在兩字以上，最後一字為諧音

【例】吃軟不吃硬（猜口語二字）

謎底：無恥（無「齒」）

4. 脫帽格：又稱落帽格，謎底不得少於三字。將謎底第一字摒除題義之外，不入謎意。餘字均應切題。

【例】願借明駝千里足（打一五言唐詩·脫帽格）

謎底：迷花不事君。解析：謎底五字摒除迷「字」不入題意，餘字「花不事君」均切題意，「花」解作「花木蘭」。

丁（脫帽格，猜一成語）

謎底：大打出手（「打」字去掉「手」得到謎面「丁」字。

5. 脫靴格：又名棄履格，謎底要求如脫掉鞋靴般棄掉謎底最後一個字，脫靴格與脫帽格是相對應的謎格，謎底最末一字不參與扣合謎面意義。

【例】引洪灌田（猜一成語）

謎底：水到渠成（去掉末尾一為「水到渠」，扣謎面引洪灌田。）

6. 會意格：顧名思義，就是按照字面上的意思去猜，這是最普遍的格式。凡謎面上若未註明格式的，都是會意格。

【例】總共五句話（猜一成語）

謎底：三言兩語

必（猜一成語）

謎底：心如刀割

猜謎語：

1. 出污泥而不染（鞦韆格，猜台灣地名） 謎底：_____
2. 孔明六出祁山（鞦韆格，猜唐代人名一） 謎底：_____
3. 救護車（捲簾格，猜成語一個） 謎底：_____
4. 島（捲簾格，猜外國地名） 謎底：_____
5. 非洲豬瘟肆虐（粉底格，猜中藥） 謎底：_____
6. 烈女（粉底格，猜商業名詞） 謎底：_____
7. 樁（脫帽格，猜一成語） 謎底：_____
8. 南北磁極之間（脫帽格，猜一物理名詞） 謎底：_____
9. 抱（脫靴格，猜成語一） 謎底：_____
10. 馮（脫靴格，猜傳說鳥名一） 謎底：_____
11. 只能取到九（猜成語一） 謎底：_____
12. 大合唱（猜成語一） 謎底：_____
13. 棋藝研究會（猜成語一） 謎底：_____
14. 糖果廣告（猜成語一） 謎底：_____
15. 導遊（猜成語一） 謎底：_____

一、比賽宗旨

- (1) 提升同學對填字遊戲的興趣
- (2) 提升同學對文學、歷史、常識等的認識

二、參賽資格

凡中華基督教會基元中學學生均可參加

三、參加方法

將答案放在校務處收集箱

四、截止繳交日期：

2020年2月28日（下午16：30前）

五、獎項

全部答對者將獲得小禮物一份，名額10位。
如合資格同學多於10位，則以先到先得方式決定得獎者

六、答案及得獎名單將於2020年3月16日在電子表揚榜公布

Student Awards (2019)

項目	活動名稱	主辦機構	獲獎學生
ACADEMIC	校際漢字設計比賽	饒宗頤文化館	入圍獎 6B 陳尚靈、6B 李梓恩、6B 鄭凱盈、6C 陳詠樑
	Student Environment Protection Ambassador Scheme	Environmental Campaign Committee	Outstanding Student Environmental Protection Ambassador (Gold Award) 5D Chan Hiu Ching Outstanding Student Environmental Protection Ambassador (Silver Award) 5D Ho Lok Yiu Outstanding Student Environmental Protection Ambassador (Bronze Award) 5A Tang Kai Ching Outstanding Student Environmental Protection Ambassador (Merit Award) 5C Ng Kei Ching
	Organic Ambassador Training Scheme 2018-19	Hong Kong Organic Resource Centre	Certificate of Graduation 5A Wong Tsz Wing, 5A Huang Yinglin, 5B Ng Wing Kiu, 5B Lau Cheuk Lam 5C To Ka Yiu, 5C Chan Wei Man, 5D Chan Yuk Ling, 5D Wan Cheuk Yi
	2019 Australian National Chemistry Quiz	Royal Australian Chemical Institute	Certificate of Credit 6D Kan Sik Yin Aloysius, 6D Wong Cheuk Kwan Certificate of Distinction 5C Leung Yan Ting, 5D Lo Suet Wing, 5D Tsang Ka Ho
Visual ARTS	The Hong Kong Youth Painting Competition – Western Painting: Secondary School Section	Hong Kong Youth Cultural & Arts Competitions Committee	Champion 5D Chau Lok Lam Award of Distinction 5C Yiu King Chun, 6B Cheng Hoi Ying
	元朗區文藝之星嘉許計劃 2018-19	元朗區文藝協進會	元朗區文藝之星 6A 蔡詠淇
	2019當代中學生繪畫比賽	香港當代藝術學院	特別榮耀獎 5A 馮恩霖、5C 陳凱晴、6A 郭欣樺、6A 蔡詠淇 6A 曾伊蕎、6B 鄭凱盈、6B 鄭藹珩、6B 李泳諭
	「網絡攻擊花樣多 保護數據靠你我」海報設計比賽	政府資訊科技總監辦公室、香港警務處及香港電腦保安事故協調中心合辦	冠軍 5B 周玉蘭 季軍 5D 陳曉晴 優異獎 5C 陳凱晴 入圍獎 5B 黃淑婷、5D 周樂林、6B 陳尚靈
	「涼浸浸紙扇繪畫比賽」中學組	環保觸覺	冠軍 5B 周玉蘭
	My Australian Christmas Card Competition 2019	Australian Consulate-General Hong Kong	Champion 5A Tang Kai Ching First runner-up 5A Fung Yan Lam Selected 5B Wong Shuk Ting, 5C Yiu King Chun
SPORTS	The 17 th Hong Kong Nepalese Open Taekwondo Championships	Hong Kong Nepalese Taekwondo Association	2nd runner-up (Black Belt Group) 2D Tang Cheuk Lam
	Inter-school Cross Country Competition 2019-2020	HKSSF	Boy C Merit (Team) 1B Leung Chi Kit, 2A Sarki Rabin, 2A Siu Chung Wai, 2A Yuen Ming Hei, 2B Leung Yu Hin, 2D Tsang Tsz Ngo
	The 43 rd Yuen Long District Athletic Meet Competition	Co-organised by the Leisure and Cultural Services Department and Yuen Long District Sports Association	Women: Division D 200M 1st runner-up Women: Division D Long jump Champion 2D Ng Sum Yuet
	Asia & Pacific Jump Rope Championship	Asia & Pacific Jump Rope Federation	Double Dutch Speed Relay 1X30 Male 15-16 years old Champion Single Rope Speed Relay 4X30 Male 15-16 years old Champion Single Rope Pairs Freestyle Male 13-14 years old Champion Single Rope Team Freestyle Male 15-16 years old Champion 3C Cheung Wing Lam
	2019飛越啟德 第四屆全港學界跳繩比賽	中國香港跳繩體育聯會	二重跳之王 新界區中學十四歲或以下男子初級組季軍 30秒前繩速 新界區中學十四歲或以下男子初級組冠軍 3C 張詠霖