



CCC KEI YUEN COLLEGE

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School Bulletin Issue : 7/2023

40th Anniversary Thanksgiving Service cum School History Corridor & AI Innovation Lab Opening Ceremony



Congratulations to our CCC KYC Alumni holding Academic Honours:

THE HONG KONG UNIVERSITY OF SCIENCE AND TECHNOLOGY (2021-2022)

WU YEE SUN COLLEGE THE CHINESE UNIVERSITY OF HONG KONG (2021-2022)

CITY UNIVERSITY OF HONG KONG (2021-2022)

HONG KONG BAPTIST UNIVERSITY (2018-2021)

UNIVERSITY	Student Name (Year of Graduation)	Award
City University of Hong Kong	Wong Sze Chai Evy (2019)	Student Marketing Consultancy Projects Award
CUHK Wu Yee Sun College	Lo Lik (2021)	Outstanding Athletic Achievements Bronze Award
HKUST Hong Kong Diploma of Secondary Education Scholarship	Ho Chi Yat (2021)	Hong Kong Diploma of Secondary Education Scholarship

UNIVERSITY	Student Name (Year of Admission)	Academic Honour	Study Programme
HKUST	Heung Yat Ming (2021)	Dean's list Award	Engineering
HKBU	Ng Kimmy Wing Kiu (2021)	President's Honour Roll	Bachelor of Arts (Hons.) in Chinese Language and Literature
	Wong Tsz Hei (2021)	Dean's list Award	Bachelor of Social Sciences (Hons.) in Geography
	Law Yee Lam (2020)	President's Honour Roll Dean's list Award	Bachelor of Business Administration (Hons.) (Accounting Concentration)
	Chan Ming Yan (2019)	Dean's list Award	Bachelor of Science (Hons.) in Applied Biology (Biotechnology Concentration)
	Zou Chuying (2018)	First Class Honours President's Honour Roll Dean's list Award	Bachelor of Science (Hons.) in Chemistry
	Chung Wing Yan (2018)	Dean's list Award	Bachelor of Arts (Hons.) in Humanities (Theory and Culture Concentration)
	Kwok Chung Lawrence (2018)	Dean's list Award	Bachelor of Science (Hons.) in Computer Science (Information Systems and Analytics Concentration)

UNIVERSITY	Student Name (Year of Admission)	Academic Honour
Tung Wah College	Chui Tsz Chun (2020)	Self-financing Post-secondary Scholarship Scheme (SPSS) – Best Progress Award (BPA)



40th Anniversary Signature Events - Fundraising Open Day cum Alumni Day

On February 4th, 2023, our school held a Fundraising Open Day cum Alumni Day to celebrate its 40th anniversary and bring together alumni and teachers. Over the past 40 years, our school has nurtured numerous outstanding alumni, and I am honored to volunteer and share my experience with everyone.

As a Campus Tour volunteer, I found it immensely rewarding to guide guests through our school's changes over the past few years and showcase new facilities such as the AI Inno Lab, History Corridor, and Mini Hall. The morning was bustling with activities as guests explored fascinating booths set up in the covered ground, including the Campus Tour Registration Stall. Many alumni came to chat with their former teachers and express gratitude for their guidance and support. Countless guests also registered for our tours. During the guided tours, guests got to not only visit new facilities but also ascended to the rooftop, where 33 solar panels were installed to promote the use of green energy and highlight the importance of energy conservation and sustainability.

In the afternoon, I was responsible for introducing the Interactive e-Panel. Many alumni and children were curious about its functions. Some wrote congratulatory messages to CCKYC on the latest technological gadget, while others sat in the classroom reminiscing about their school days.

One of the most memorable parts of the event was the Professional Alumni Talk. Alumni serving in different fields, including medical and health care, business, law, architecture, arts and performing, education, information technology, sports, and music, shared their work experience and school life with our Form 3 fellow schoolmates. Our student audience gained valuable insights and realized that strong ambition and self-motivation are crucial to success in different industries. The information shared by our alumni will help equip us for our future planning and careers!

The highlight of the 40th-anniversary events was the aerial photo-taking sessions. Everyone, including the principal, teachers, alumni, and students, came together to form the number "40". As the drone recorded videos from the sky, everyone waved with beaming smiles. I was thrilled to be a part of this memorable moment, which will remain one of the most precious memories of my school life. Overall, the Fundraising Open Day cum Alumni Day was a remarkable event that brought together alumni and teachers and showcased our school's progress and achievements over the past 40 years.



4D Man Tin Yan



The 55th Joint School Science Exhibition

The 55th Joint School Science Exhibition was a remarkable event in which we were honored to participate. Winning the 2nd runner-up award was an excellent achievement for us, and we are immensely grateful to our supporters and everyone who guided us through the process.

The process of creating our project was not without its challenges. There were many obstacles, from selecting the appropriate materials to designing and refining our product. Despite these hurdles, we persevered, which was the key to our success. The process taught us the importance of patience, determination, and collaboration. We learned to work together as a team, drawing on each other's strengths to overcome obstacles.

Seeing the exhibits from other project holders was a valuable experience that broadened our horizons and showed us many possible variations. We were inspired by the creativity and ingenuity of our fellow participants, which motivated us to push ourselves even harder.

While winning the competition was not our primary goal, it validated our hard work and dedication. Our primary focus was to do our best and achieve the best possible results, and we are proud of what we accomplished. Overall, the 55th JSSE was a wonderful experience that helped us grow and learn. We are grateful to everyone who supported us and helped us along the way, and we look forward to future opportunities to showcase our skills and knowledge.

6C Chan Chi Yan, 6C Cheng Tin Yuet, 6C Ng Hui Kiu, 6D Wong Nga Ki



8th Hong Kong Secondary School Distinguished Artwork Exhibition 2023

I am deeply honored and grateful to have received the Grand Award in the 8th Hong Kong Secondary School Distinguished Art Work Exhibition 2023, organized by the City University of Hong Kong.

The competition's theme was 'City Stories,' and my artwork, 'Past and Present,' was created using charcoal pens and watercolors. In my piece, I incorporated three colors with Hong Kong characteristics - red, white, and blue - into the background and depicted various aspects of Hong Kong, such as necessities, food, housing, and transportation. My goal was to capture the essence of Hong Kong and convey its story, allowing everyone to experience the city's emotions and atmosphere.

I would like to express my gratitude to my school and Ms. Chu, for providing me with the opportunity to develop my skills through this competition. Initially, I was anxious about conceptualizing my piece, but Ms. Chu encouraged me to experiment with different media. Ultimately, I chose to use watercolor and charcoal to complete my artwork. In the past, I had hesitated to use unfamiliar mediums, fearing failure. However, this competition taught me the importance of trying new things and having the courage to step out of my comfort zone to achieve breakthroughs and win this award.

Moving forward, I plan to overcome more obstacles, learn from failures, and continue to create exceptional work. This experience has inspired me to continue pursuing my passion for art and pushing myself to improve.

5A Yu Ho Yim



QEF 25th Anniversary Folder Design Competition

I am immensely proud to have been awarded first-runner up in the QEF 25th Anniversary

Folder Design Competition and am honored to receive recognition for my work.

The support and encouragement from my teacher, Ms. Chu, have made this recognition even more special. Her invaluable guidance throughout the design process helped me hone my skills, and her faith in me boosted my confidence, inspiring me to strive for excellence in everything I do.

I am also grateful for the opportunities provided by my school, which enabled me to discover my passion for digital art. The skills I acquired in class were instrumental in creating my winning entry for the QEF 25th Anniversary Folder Design Competition. This experience has motivated me to continue pursuing my passion for design and to always aim for excellence in my work. I will use the skills I have learned to follow my artistic dreams.

5C Li Tze Ching



HKCCCC Joint Secondary School Art Exhibition 2023

The HKCCCC Joint Secondary School Art Exhibition 2023 took place from February 24th to February 27th, 2023. Participating as a helper in such an exhibition was an incredible experience for me!

27 secondary schools from the HKCCCC took part in this art exhibition. During the opening ceremony on February 25th, I had the chance to serve as one of our school's guides. My role was to introduce the artworks created by our schoolmates to guests from other schools and explain the meaning behind each piece. All the guests were exceptionally kind and patient, expressing great interest in our artwork.

One of the most memorable aspects of this experience was how it helped me enhance my communication skills. As someone who used to be quite introverted, successfully engaging a large group of strangers in this new task was a significant step forward.

Overall, I feel privileged to have represented our school as a helper at this art exhibition. It allowed me to expand my horizons, and I plan to participate in similar activities again in the future.

5C Lam Kwan To



Parent-Teacher Association Art and Craft Workshop organized by Visual Arts Panel

Our school's Parent-Teacher Association Art and Craft Workshop, organized by the Visual Arts Panel, was held on March 4th, 2023, and I had the pleasure of being one of the workshop's helpers. During the event, we taught junior form students and their parents how to create their own Bearbrick keychains, which was a delightful experience.

Bearbrick is a collectible toy designed and produced by the Japanese company MediCom Toy Incorporated, featuring different series. In our workshop, we used colorful amphirole to decorate the Bearbricks.



The junior form students were attentive and listened carefully to the MC's instructions. Despite the precise handwork required, they quickly and skillfully completed their keychains. I was impressed by their enthusiasm and cooperation with their parents, and it was a valuable lesson for me to see how working together can be more efficient than working alone. I am fortunate to have been a part of this incredible event and hope to have the opportunity to participate in similar workshops in the future.

5D Yip Cheuk Long



Creative Fun Day @CCCKYC – Learning English is Fun

Hello Everyone. I am an English Ambassador and was a student helper in the English workshop during our school's Creative Fun Day on the 5th of November, 2022. Other helpers and I played different English games with the Primary 5 and 6 students, helping them learn English simultaneously. It was a good and meaningful experience for me to play with them. We all had a joyful moment.

At the beginning of the workshop, the primary students were divided into different groups, playing various games, such as UNO, Jenga, word puzzles, etc. During the process, the students were only allowed to use English. If not, they would not be able to get a stamp and win a prize in the end. However, the primary students were super good at English and they spoke so well. Speaking English was not a hard thing for them! After a round, students needed to change the game by moving to another table, and speaking English again to their new group mates and the new English Ambassador. I was the leader of the UNO game, I played with those players, and they were very delighted telling me their things. They were talented in playing games because I lost quite a few rounds to them. I saw that that they were really invested in the games. Finally, a few hours later, the workshop was coming to an end. Time was passing too quickly. Ms McCann distributed gifts and prizes to them, and they left.

I think this workshop was a memorable experience for me. The Primary 5 and 6 students taught me lots of things. I hope that they enjoyed the workshop too and join it again next year.

3B Law Nok Yau, Roniya



Creative Fun Day @CCCKYC – Mathematics is Fun (Lost Escape)

As a member of KYC, I was thrilled to participate in the Creative Fun Day event. Our mission was to entertain and guide ten primary school students from different schools through a Math-themed escape room game.

To ensure the event ran smoothly, we did a trial run of the game in advance in case of any bugs. During the process, we realized that some games were too challenging for primary school students, so we adjusted the topics and added extra hints to provide a positive gaming experience.

On the day of the event, I saw the elementary school students putting in their best effort to solve the problems, and I was relieved to see them enjoying themselves. After the activity, the teacher explained the game topics in more detail to ensure the students understood them better. Through this Creative Fun Day, I gained valuable experience and skills. I had the opportunity to meet new friends and improve my social skills, Enabling me to interact confidently with different people in the future. The event also allowed me to work collaboratively with my teammates, and adjusted the game accordingly to ensure that the primary school students had a great time.

Overall, the Creative Fun Day was a success, and I am grateful to have been a part of it. It was a rewarding experience to see the students enjoying the game and learning simultaneously. I am enthusiastic about participating in similar activities that encourage learning and collaboration in the future.

3A Pak Sust Yi

Introduction to Basketball



On November 6th, 2021, our school held its annual Creative Fun Day, and we organized a basketball workshop on this day. As the school's basketball team captain, I was honored to lead my teammates in guiding the primary school students. It was my second time in this role, and my coaches, teammates, and I enjoyed

the unforgettable moments of teaching these enthusiastic students. Not only did the primary school students participate with great joy, but they also acquired new basketball skills that will help them improve their game.

To begin with, I was thrilled to see the primary school students perform with such outstanding competitiveness. My teammates and I were responsibly for guiding two primary school students each. I was paired with two talented boys who already possessed decent basketball skills but had room for improvement. By working hard, they were able to hone their abilities and rise their game. In addition to basketball, all the primary school students learned important qualities such as teamwork, leadership, and perseverance.

Basketball is not just a sport that teaches you how to hoop. It also teaches you how to interact with others and play an essential role in a team. Moreover, it provides valuable life lessons and can help shape your specific on certain goals. As a basketball team member, I am grateful for the opportunity to share these lessons and skills with the primary school students. The Creative Fun Day was a fantastic event that showcased the spirit of teamwork and the joy of learning. I am thankful to the teachers and teammates who participated in this event, and I look forward to future opportunities to share my passion for basketball with others.

5D Sarki Rabin



CREATIVE FUN

Fun Science Experiments

The Creative Fun Day is one of the school's activities that promotes our school and provides primary school students with the opportunity to learn new knowledge through fun and engaging activities, ranging from physical to academic activities. It was a delightful experience to work with the students in the laboratory.

In the I.S. lab, we began the Creative Fun Day by introducing the kids to the microscope and allowing them to explore it under the microscope. It was a pleasure to see the primary school students amazed by the precision of the microscope. Next, we conducted the Van de Graff generator experiment, instructing the students to remove their metallic accessories before placing their hands over the sphere of the structure. As a result, we ensured their safety during the experiment. We then moved on to a level 2 experiment involving flames, and I volunteered to demonstrate the experiment. In this experiment, we had to conduct electricity through our bodies and light a Bunsen burner. Initially, I was nervous, but I felt thrilled after conducting the experiment successfully.

In the chemistry lab, we experimented with using sulphuric acid to remove water molecules from paper and demonstrated its potential for writing words. Although we faced some challenges along the way, such as the words spreading out, we had fun and ultimately succeeded in our experiment.

Next, we explored natural indicators by conducting an experiment in which test tubes filled with either acids or alkalis were given to us. To test the acidity levels of the liquids, we used red cabbage as a natural indicator, and the primary school students worked well in teams with their groupmates to discuss the results. This experiment provided a valuable opportunity to learn about the properties of different substances and how they can be tested using natural indicators.

Due to the ongoing pandemic, we followed the rules of social distancing and wore masks. However, it was still a fantastic experience for the younger generation, and I highly encourage everyone to participate in the Creative Fun Day.

3A Wasim Muhammad Saim



DAY @CCCKYC Design & Technology Leatherwork Workshop



The Creative Fun Day was a fantastic opportunity for primary school students to learn basic Design & Technology (D&T) skills and techniques for creating small objects using leather. As a volunteer in the leather-work workshop, it was a pleasure to guide the students through the process.

We introduced the basic concepts of D&T and then guided the students in making a leather-textured apple. To maintain its round shape, the students used strings to thread the surrounding of the apple shape. They also put cotton inside the leather to make the apple look big and round. It was super satisfying to see the students make these adorable little apples!

In addition to working with leather, we also taught the students about laser cutting technology. We allowed them to keep the gadgets they made as a souvenir of their visit to our school.

The Creative Fun Day was a wonderful experience that not only allowed us to assist the students in learning new skills but also allowed us to improve our ability to communicate with youngsters and show more love to everyone in the world. I am grateful to have been a part of this event and extend my thanks to the teachers and other helpers who made the Creative Fun Day possible.

6B Chan Huen Huen

Kei Yuen Elder Academy

Have you ever imagined being taught by someone much older than you? It wasn't something I had ever thought about, but it has happened to me recently. I joined a community service group this year because I felt like I needed to do more to help society, and I saw this as an opportunity to make a meaningful difference.

The event I attended was memorable, starting with an unexpected activity where the elderly taught us how to play "Molkky." This game involves thirteen wooden pins, each with a number except one. The goal is to knock down the pins to reach a score of fifty. It was a unique experience to be taught by older folks, and I found the game quite interesting.

I was chosen to be one of the speakers making the second event even more rewarding. My

partners and I prepared several simple and useful apps to teach the elderly who are unfamiliar with smartphones. It was an honor for me to help them learn something new, especially given that older people often struggle with technology, which can create a communication gap with their loved ones. It's important to bridge this gap and help them stay connected.

Helping the elderly is not tricky, but often we don't take the time to do it. One of the biggest challenges is our reluctance to help. Indeed, I am genuinely grateful to have had the chance to make a difference and to be given this opportunity by my school and teachers.

3C Sun Kai Kiu



Big Brothers and Big Sisters Activity

Last month, I joined a fun game hosted by BBBS. BBBS is a school society chaired by senior form students known as 'Big Brothers and Sisters'. The BBBS holds regular events to assist Form One students when they start secondary school. I have joined their games before. They were fascinating and fun. The English riddles in their last event were entertaining. In the game, I had to come up with as many answers as possible in just one minute. The riddles were easy for me but it was still fun to play. The happiest thing was getting a little prize after the game! The Big Brothers and Sisters were kind to us. It was a happy moment in my secondary school life. The golden rule of joining a game is that no matter whether you win or lose, you should enjoy the moment you play. Therefore, I will indeed join this kind of activity again. Next year, I will be a member of BBBS and help the new students.

Apart from BBBS, another highlight of my school life is the growth mindset lessons. Students can learn how to manage their emotions. They told us to approach something with a different perspective when it appears boring. I also love the discussions in the lesson. I recommend that you develop a growth mindset as well.

1C Chu Chi Hei, Antony

I was honored and glad to be one of the BBBS helpers and to organize exciting activities for junior form students. Many students are under enormous pressure almost all the time, especially Form 1 students, who may need help getting into the swing of things readily. Therefore, BBBS is an excellent platform for them! As a BBBS helper, I was pleased to see many junior form students involved in BBBS. Additionally, our activities have boosted interaction between students and teachers and developed a sense of community. It is wonderful to see our junior form students' smiling faces. It is rewarding for us.

The essence of BBBS is based on a "love and care" culture forms the essence of BBBS, providing a platform for students to establish and practice it by organizing activities, accomplishing tasks and practice the values of empathy and kindness.

Additionally, it is a team that cares about the whole school's mental health and helps junior form students fit into the new environment gradually. Being a BBBS helper is not easy since we must consider many factors and design different delightful games. However, I have learned how to communicate with my partners smoothly and the importance of persistence. I hope that BBBS can keep passing on the "love and care" culture forever.

4A Lai Yan Hei

First and foremost, I would like to say that I am truly honored to be a BBBS member. As one of the event coordinators on my team, I enjoyed every minute of preparing activities during the last semester, especially when working with my teammates. In this way, not only can we cultivate relationships between schoolmates, but we can also learn many skills and methods of handling things from each other. Moreover, in this team, I discovered that working together with others can lead to great success.

What impressed me the most was the impact of each event, such as the mental health activities. The attendance rate was higher than we expected, and, more importantly, through our observations, many students better understand of their own mental health or that of others. This was beneficial for both the participants and the organizers. As one of the planners, I learned a lot acquired insightful problem-solving skills, and was delighted to have witness the success of the event, gaining valuable experience in the process.

I think BBBS has taught me a lot and improved my ability to work and connect with different people. I plan to do better in BBBS next semester or even next school year.

4B Okonkwo Chinwa





Gospel Week

I was pleased to have many chances to organize BBBS activities for students. My most memorable activity was a game booth called "Have a Triple Riddle." It was the first English-topic game booth I had ever made. Our main goal was to raise S.1 students' interest in English. At first, the riddles written in English scared most students. Then, after some coordination, some of us kept encouraging students to come to us. Some of us showed the prizes, and others showed one of the riddles to let them know they were on their level and worth a try.

We finally succeeded and more and more students started to queuing, succeeded more and more students started queuing. Even though we held it on the 2/F, which only contains junior classrooms, we could see some senior students who were attracted to us. Also, some buddies tried more than once to complete all the riddles. We had finished our mission! Seeing participants' smiling faces after finishing the game made my day and filled me with energy. On the other hand, participants gained a sense of success that motivated them so much.

Although organizing events is a challenging job, it keeps me learning. Loving, caring, and the importance of mental health are pieces of information that BBBS wants to deliver. The most significant thing is to spread the message that Kei Yuen is our home. Therefore, we are always trying to integrate various elements into activities, and our goal is usually to relax and build confidence. All in all, organizing activities trained my integration, problem-solving, and flexible thought skills. I am grateful to be a part of BBBS.

4C Kuang Yi Ki



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From December 6 to 14, it was Gospel Week at our school. As I sold gift bags, I felt overwhelming happiness and satisfaction. Our school's student contributed to this outcome with their enthusiasm and positivity. Some thanked me after buying the gift bags, and some flashed me happy smiles.

The most memorable moment was when a student from an F2 class gave me candy, saying, "Thank you for all your hard work!" They made me feel the love, understanding, and kindness they showed me.

Having the opportunity to participate in this annual charity event is always an unforgettable moment for all of us. It is a time for the students of Kei Yuen to come together and share their love.

5C Dong Jiamai



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I am very happy to have joined Gospel Week at school. We sold cookies during lunchtime and after school to teachers and classmates. We packed the cookies in beautiful bags with cute cartoons on them. The students, especially junior students, were very enthusiastic to buy the cookies.

I remember entering a Form Two classroom, and many students surrounded us, talking with us and eagerly willing to buy the cookies. I felt warm knowing many Kei Yuen students are eager to help the elderly. The most impressive part was selling cookies to our Principal, Dr. Cheng. He was very nice to us, encouraging us to study hard and be happy. As a result, I felt deeply gratified.

5C Su Hedy



Blood Donation Day

As a S.5 student, I have recently had the opportunity to donate blood for the first time. Although I was nervous at first, it turned out to be a rewarding experience.

Initially, I was given a brief health check to ensure that I was eligible to donate. Then, I had to lie down on a bed and wait for the needle to be inserted. The actual donation process only took about 10-15 minutes. After the donation was complete, I was given some snacks and drinks to help me recover.

While the donation itself was relatively painless, I was still a little nervous. However, the satisfaction of knowing that I could potentially save someone's life helped ease my nerves. It was a fulfilling feeling to know that I was doing something good for others.

Overall, donating blood is a valuable and rewarding experience. If you are eligible to donate blood, I highly recommend you give it a try. It not only helps save lives, but it also has several benefits for the donor's health and well-being.

5C Deng Wing Lam



Hoi Ha Wan Geography Field Trip

We had a precious opportunity to visit Hoi Ha Wan on the Geography field trip this time. First, we were able to test sea water, such as its temperature and visibility, using different special equipment. We were extremely interested in those uncommon instruments, like the secchi disk, as they were new to us, and we have surely broadened our horizons. In addition, we had a chance to admire colorful corals and enjoy the fascinating seascape in a transparent glass ship. By learning extra captivating facts and knowledge about the sea and coral, we have expanded our views and learned so much that we cannot learn from textbooks. Last but not least, our awareness to protect the sea and coral has been enhanced after this field trip too.

In conclusion, we are grateful to have had such a fun learning experience thanks to the opportunities given by the school and teachers.

3D Tsui Hong Ching & 3D Tang Sze Yee



My Own Opinions of the Growth Mindset Lessons

I have been having lessons of Growth Mindset since last September. Growth mindset is an alternative way of viewing any challenges or setbacks. People with growth mindset believe things are only temporary and will change over time.

In my opinion, this is a really great lesson as it helps us to have positive thinking. I think having a growth mindset really brings us a lot of benefits. By having this mindset, you will experience greater career success as you will be more motivated to work and improve your skills. Meanwhile, you can experience less stress as with this mindset, you won't force yourself to strive for perfection. Instead, with this mindset, you are more likely to focus on the process instead of the outcomes and results.

You may think this mindset is useless as it only teaches you to stay positive but I can tell you that it is absolutely wrong. It's way more useful than you think. With this mindset, you can develop a positive attitude to life. Moreover, a simple mindset in your brain can cause huge changes in the rest of your life.

It's my privilege that I have been learning about this mindset in Secondary 1. I believe my future will be bright with Growth Mindset.

1C Tong Yu Hin, Marcus

I think the lessons about Growth Mindset are meaningful and fun. Firstly, we can learn more about how to do things correctly and remember things easily.

Some of the lessons are interesting, and we can play games during the lessons, such as stacking cups. Additionally, we can learn useful things in the lesson. I also believe that it is a great opportunity for students to learn more about Growth Mindset.

Secondly, I think BBBS is good for students to learn outside the classroom. You can play games like matching, riddles, bottle flipping and cup stacking. Students can win different prizes, such as pens and games. I think it is good for students because it makes them think faster, and the prizes may attract more students to join. BBBS is also an excellent chance for students to meet new friends and get to know the social workers in our school. Students can talk to them during recess and lunchtime, and even meet senior form students. You can try to get yourself on the leaderboard as well and learn from the students on the leaderboard. Sometimes, there are games that require two people to play, and you can team up with your best friend and play together, thereby increasing both your friendship and knowledge.

Lastly, I think both the lessons about Growth Mindset and activities held by BBBS are good for students to increase their mindset and knowledge.

1C Chan Pak Yin

Student Awards (2022/2023)

ACADEMIC

Name of Competition	Organizer	Name of Awards
兩代情徵文比賽	香港青年旅舍協會	優異獎 4A黎恩希、4A嚴樂怡、4D郭詩琳
第十四屆啟慧中國語文廣播劇創作暨演繹比賽	聰穎教育慈善基金	優異獎 2C鍾恩諭、2D陳爾心 6B郭欣宜、6C馮煒諾
全港中學「兩文三語」菁英大比拼（第十九屆）	香港教育工作者聯會	優異獎 3D徐康晴
初中歷史科電子閱讀獎勵計劃2022	教育局課程發展處、香港大學電子學習發展實驗室	嘉許獎 3A陳曉丹、3A熊文怡、3A羅銳濱 3B周培朗、3C陳振棕、3C盧栢勤 3D簡睿好、3D徐康晴、3D莊敏儀 3D陳栢軒、3D黃治程、4C廖嘉怡、4C林浩朗、4D楊信謙、4D林景宏
全港初中生中文硬筆書法比賽	香港中文大學、語文教育課程系會	優異獎 2B許銘怡
2022-2023全國青少年語文知識大賽「菁英盃」現場作文大賽	中國青少年語言文化學會	初賽一等獎 決賽三等獎 3D劉心怡
第二屆香港中小學中英文硬筆書法比賽	香港教育工作人員總工會、香港硬筆書法家協會	初級組優異獎 3D麥觀希
新界西區『兩文三語』挑戰賽	港城西北扶輪社、珠海學院中國文學系和英國語文、鐘聲慈善社胡陳金枝中學	最佳英文文章 初中組銅獎 3D徐康晴 最佳中文文章 初中組優異獎 3D徐康晴
第七十四屆校際朗誦節（粵語）	香港學校音樂及朗誦協會	中三級女子詩詞獨誦 冠軍 3D梁珈瑤 中一級女子詩詞獨誦 亞軍 1C倪巧臻 中二級男子詩詞獨誦 亞軍 2A曾家樂 中五六級女子詩詞獨誦 亞軍 6B郭欣宜 中二級女子詩詞獨誦 季軍 2A劉奕伽
第七十四屆香港學校朗誦節（普通話）	香港學校音樂及朗誦協會	女子散文獨誦季軍 4D孔紫鈞 男子散文獨誦季軍 4C林浩朗 男子詩詞獨誦 冠軍 1C陳皓冉 季軍 2A曾家樂

Name of Competition	Organizer	Name of Awards
The 74th Hong Kong Schools Speech Festival (English Speech)	Hong Kong Schools Music and Speech Association	Solo verse speaking 2nd runner-up 2D Chan Yi Sum Esther
中國中學生作文大賽（香港賽區）2021-2022	香港中華文化促進中心	優異獎 3D劉心怡、4A徐心想、4B尹智健、4C鄭鎧軒、4D郭詩琳、5D譚日熙、6C鄧曉藍
區會聯校魔力橋 (Rummikub)比賽	HKCCCC	一等獎、最佳隊員獎 3B蔡泳梅 二等獎 3B周培朗 三等獎 3C盧栢勤
「創意4+2」數碼媒體創作人先導訓練課程	/	畢業證書 3C盧栢勤、4C林浩朗、5C何樂恆
經濟資訊圖表大挑戰 2022/23	教育局、香港浸會大學可持續發展研究中心及 香港經濟教育協會	達標獎 4A Pang Hebe、4A Yim Lok Yi 4A Chan Chung Hei、4A Chung Yu Yeung 4A Mui Suet Yuen、4B Ho Wai Tung 4B Lau Ngai Ue、4B Zheng Hang Yi 4C Ho Po Lam、4C Kwok Yuen Ting 4C Law Ying Kiu、4C Lee Hiu Lam 4C Chan Nok Hei、4D Kwok Sin Yu 4D Cheung Jacky Ching Yu、4D Chui Tsz To 4D Lam King Wang、5A Cheung Sze Yu 5A Cheung King Hung、5A Choy San Nam 5A Li Yun Ning、5B Cheng Hei Yin 5B Lo Mei Ying、5B Kwan Tsz Hei 5C Tang Kei Yin 優異獎 4B Ho Wai Yin Bernice、4B Wong Ho Yi 4C Wong Sin Man、4C Yip Wing Yan 4C Leung Cheuk Hin、4C Liu Chun On 4C Wong King Faat、4D Poon Hoi Ching 5A Tsang Lok Yan、5A Chan Chun Yiu 5A Lung Ching Tin、5A Yu Ho Yim 5B Yeung Hoi Ting、5B Siu Chung Wai 5B Tang Po Chun、5C Choy Hiu Tung 5C Chu Man Kiu、5C Lam Kwan To 5C Lam Sze Man、5C Ng Tsz Yiu Yoyo 5C Chu Man Yiu、5D So Siu Yau 5D Yiu Kam Yan
第二十三屆世界華人學生作文大賽	世界華人學生作文大賽香港區賽區組會	入圍獎 3D 徐康晴
中國語文菁英計劃 2022-23	教育局課程支援分部資優教育組	中學組 團體冠軍 個人獎 銀獎 3D徐康晴 銅獎 3D麥觀希、3D劉心怡

Sports

Name of Competition	Organizer	Name of Awards
Inter-school Table Tennis Competition	HKSSF	1st Runner-Up in Boys A Grade 4B Wan Chi Kin Kelvin、5D Tse Ho Yeung 6A Lee Pak Him 3rd Runner-Up in Boys C Grade 1C Chen Haoran、1C Chu Chi Hei Antony 1D Chan Hoi Ka、2A Ng Yu Hin 2C Li Hei Long、2D Tang Tyson
Yuen Long Inter-School Athletics Championships	HKSSF	1st runner-up in Boys B Grade High Jump 4B Lau Pak Hei 1st runner-up in Boys B Grade 200M run and 2nd runner-up in Long Jump 5D Sarki Rabin 3rd runner-up in Boys A Grade Shot Put 6A Shreesh Nirupam Champion in Girls C Grade High Jump 1B Lam Wing Ching
Inter-school Football Championships	HKSSF	Merit in Junior Boys Grade 1B Yao Jiangming 2A Pun Jenial 2B Lam Hei Lucas 2C Chan Pak Chuen, Li Hei Long, Mok Ting Hin, Sze Chit Long, Wong Esun, Yu Wang Ngai Kyle 2D Lee Kai Chun, Ng Cheuk Kiu, Ng Tsz Hei 3D Chan Yuen Ho, Tsang Cheuk Sang
Inter-school Swimming Championships	HKSSF	Second Runner-Up in Overall Girls C Grade 1A Lam Wing Kei Winki 1A Leung Tsz Huen 1B Ng Hei Yin Hayley 1D Li Tsz Yu Champion in Girls C Grade 50m Backstroke 1B Ng Hei Yin Hayley

Name of Competition	Organizer	Name of Awards
Inter-school Swimming Championships	HKSSF	First Runner-up in Girls C Grade 4 x 50m Medley Relay 1A Lam Wing Kei Winki 1A Leung Tsz Huen 1B Ng Hei Yin Hayley 1D Li Tsz Yu
Hong Kong University Body Building Championship	Hong Kong China Bodybuilding & Fitness Association	4th 6A Shreesh Nirupam
葵青區速度跳繩錦標賽2022	葵青區體育會、中國香港跳繩體育聯會、民政事務總署	4×30混合接力速度賽 14歲混合組亞軍 3C鄧昊堯 30秒前繩速度挑戰賽 14歲男子組亞軍 3C鄧昊堯
香港中小學花式跳繩公開賽——香港駕駛學院盃	元朗區體育會	中學女子乙組 30秒（單車步）（冠軍） 4C鄭鉞圻 中學女子乙組2*30秒單側迴旋跳（二重）（冠軍） 4B陳以翹 4C鄭鉞圻 中學女子乙組 30秒（二重跳）（冠軍） 4B陳以翹 中學男子丙組 1分鐘單車步（冠軍） 3C鄧昊堯
社區速度跳繩比賽（屯元天）	Jump Rope Master	女子15-16歲組別 30秒（二重跳）（亞軍） 30秒（開合跳）（亞軍） 4B陳以翹

Name of Competition	Organizer	Name of Awards
社區速度跳繩比賽（屯元天）	Jump Rope Master	女子15-16歲組別個人總成績冠軍 9歲或以上組別二重跳 最佳紀錄大獎 30秒單車步（冠軍） 30秒二重跳（冠軍） 30秒開合跳（冠軍） 15秒雙腳前跳（亞軍） 30秒交叉開跳（亞軍） 4C鄭欽圻
		女子13-14歲組別開合跳（季軍） 15秒雙腳跳（冠軍） 3B廖尹熒
		男子13-14歲組別個人總成績（冠軍） 9歲或以上組別 單車步（最佳紀錄大獎） 30秒單車步（冠軍） 30秒二重跳（冠軍） 30秒交叉開跳（冠軍） 15秒雙腳前跳（亞軍） 30秒開合跳（亞軍） 3C鄧昊堯
		女子12歲組別 30秒單車步（亞軍） 15秒雙腳跳（季軍） 1A謝綽淇
		男子12歲組別 30秒開合跳（季軍） 15秒雙腳前跳（殿軍） 1B丘澤豪
		團體獎項 中學女子總成績（季軍） 4B陳以翹 4C鄭欽圻
		團體獎項 中學女子總成績（季軍） 1A謝綽淇 3B廖尹熒
		團體獎項 中學男子總成績（季軍） 1B丘澤豪 3C鄧昊堯

Name of Competition	Organizer	Name of Awards
全能跳繩全能賽	全能技巧工作室	中學女子組： 30秒單車步、二重跳、交叉開（冠軍） 45秒指定套路（亞軍） 45秒朋友跳、連鎖跳（冠軍） 1分鐘大繩速度跳（冠軍） 中學挑戰組： 30秒二重跳（冠軍） 30秒單車步（亞軍） 30秒交叉開跳（季軍） 4C鄭欽圻
		中學女子組： 30秒交叉開跳（季軍） 3B 廖尹熒
		中學女子組： 1分鐘大繩速度跳（冠軍） 45秒朋友跳（殿軍） 中學挑戰組： 30秒交叉開跳（殿軍） 4D 鄧安琦
		中學女子組： 30秒二重跳（亞軍） 45秒指定套路（亞軍） 45秒朋友跳、連鎖跳（冠軍） 1分鐘大繩速度跳（冠軍） 中學挑戰組： 30秒交叉開跳（亞軍） 團體獎項： 中學女子組總成績（冠軍） 4B陳以翹
		中學男子組： 30秒單車步（亞軍） 30秒二重跳、交叉開（冠軍） 45秒指定套路（冠軍） 30秒自由花式（冠軍） 中學挑戰組： 30秒交叉開跳（冠軍） 30秒二重跳、單車步（亞軍） 團體獎項： 男子中學組全場總成（殿軍） 3C 鄧昊堯
青苗沙灘排球培訓計劃比賽	香港排球總會	男子組（殿軍） 4C黃朗瑜

Visual Arts

Name of Competition	Organizer	Name of Awards
The Sovereign Art Foundation Students Prize Hong Kong 2022	The Sovereign Art Foundation	Finalist 5D Tan Yat Hei 6B Li Yan Kiu 6B Law Kyle Yat Ho 6D Hou Yuen Ting
My Australian Christmas Card Competition 2022	Australian Consulate-General Hong Kong	2nd runner up 5D Tan Yat Hei
2022當代中學生繪畫比賽	香港當代藝術學院 主辦、英國法爾茅斯大學協辦	特別榮譽獎 5C黃子珊 6A馮芯盈、賴亭亭、黎曉鋒 6B羅逸皓 6D李雯羽
獅子會自然教育基金三十週年慶典攝影及繪畫比賽	獅子會自然教育基金	優異獎 5C林筠濤 6B李因喬
創校30周年校慶標誌設計比賽	伊利沙伯中學舊生會小學分校（伊小分校）	學生組優異獎 6D侯婉婷
「如果難一齊行」WhatsApp貼紙設計比賽	香港撒瑪利亞防止自殺會生命教育中心	冠軍 6A袁綺琳 亞軍 6D侯婉婷 中學組冠軍 6D侯婉婷
120周年會慶標誌 (logo) 設計比賽	香港基督教培道聯會	兒童及青少年組 冠軍 5D葉焯朗 優異獎 6D侯婉婷 5C張梓澄
「愛連繫」明信片設計比賽	香港明愛、浸信會愛草社會服務處	中學組亞軍 5D葉焯朗 公開組亞軍 5C張梓澄
「新世代港中醫微電影創作大賽」	香港浸會大學、中醫藥學院及傳理學院舉辦	公開組季軍 5B黃子晴 中學組——銀獎 6A 黎曉鋒 6B 陳萱萱、李立峰
STC 60周年標誌設計比賽	STC (香港標準及檢定中心)	第三名 5C 林筠濤 第六名 5D 葉焯朗 第七名 5D 譚日熙

Name of Competition	Organizer	Name of Awards
QEF 25th Anniversary Folder Design Competition	Quality Education Fund Cyber Resource Centre	Senior Secondary Champion 6D Lee Man Yu 1st Runner-up 5C Li Tsz Ching
Odyssey of the Mind Pin Design Competition 2023	Odyssey of the Mind Hong Kong Regional Tournament	Merit 5A Lai Ting Ting Joanne Senior Secondary Champion 6A Fung Sum Ying
香港花卉展覽賽馬會學童繪畫比賽 2023	康樂及文化事務署舉辦	1st runner up 6B Liang Sze Ching 初中組嘉許獎 3D徐康晴、簡睿好
「世界心臟日」香港心臟基金會繪畫比賽2022	香港心臟專科學院	高中組優異獎 5A余皓焱
2022-2023 活水行動及標語設計比賽	愛德基金會（香港）舉辦	精英獎及網上最受歡迎季軍 4D陸芯言
笑住戴·COVID bye bye 口罩設計比賽	香港胸肺基金會、香港胸肺學會及胸肺學院（港澳分會）	中學組——亞軍 5C 黃子珊 中學組亞軍 5C林筠濤
第八屆香港中學生傑出作品展 2023	香港城市大學	中學組優異獎 5A余皓焱 5C黃子珊 高中組非凡作品獎 5A余皓焱
「公民責任共承擔團結同行建未來」專題活動之「WhatsApp貼圖設計比賽」(2021-2022)	教育局及公益少年團元朗區委員會合辦	初中組嘉許獎 3D徐康晴、簡睿好 冠軍 5C黃子珊
香港品質保證局理想家園第十六屆徵文、攝影、微電影、繪畫及海報設計比賽	香港品質保證局	高級組——亞軍 6B陳萱萱 高級組——入圍獎 6A袁綺琳 6D李雯羽 5D蘇筱柔
HKMAC香港公開繪畫大賽2023	香港音樂及藝術中心	中學組冠軍 3D 陳卓蔚
Student of the Year 2022/23	South China Morning Post, The Hong Kong Jockey Club	Shortlisted for the Visual Art category 5C Lam Kwan To 6D Hou Yuen Ting

Visual Arts Awards

教育局及公益少年團元朗區委員會合辦
「公民責任共承擔團結同行建未來」專題活動之「WhatsApp 貼圖設計比賽」



高中組冠軍 5C 黃子珊



伊利沙伯中學舊生會小學分校舉辦
創校 30 周年校慶標誌設計比賽



冠軍 6A 袁綺琳

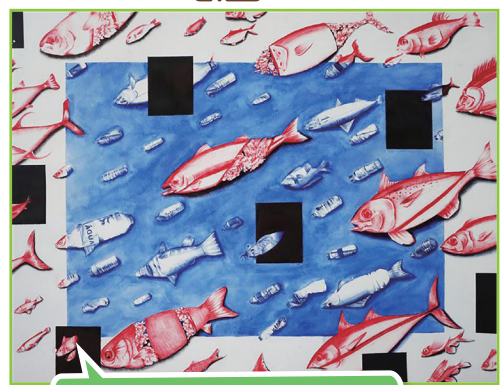
香港基督教培道聯愛會舉辦「120 周年會慶
標誌設計比賽」



香港基督教培道聯愛會
Hong Kong Christian Mutual
Improvement Society

兒童及青少年組 —— 冠軍 5D 葉焯朗

The Sovereign Art Foundation Students Prize Hong Kong 2022 〈Finalist〉



5D Tan Yat Hei



6B Li Yan Kiu



6B Law Yat Ho Kyle



6D Hou Yuen Ting

香港胸肺基金會、香港胸肺學會及美國胸肺學院(港澳分會)舉辦「笑住戴・COVID bye bye」口罩設計比賽



中學組——亞軍 5C 林筠濤

香港撒瑪利亞防止自殺會生命教育中心舉辦「如果難・一齊行」WhatsApp 貼紙設計比賽



中學組——冠軍 6D 侯婉婷



香港浸會大學、中醫藥學院及傳理學院 舉辦「新世代港中醫微電影創作大賽」



中學組——銀獎
6A 黎曉鋒、6B 陳萱萱、李立嶠

Quality Education Fund Cyber Resource Centre QEF 25th Anniversary Folder Design Competition



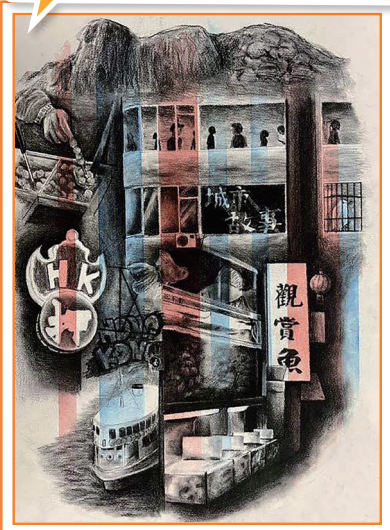
Champion
6D Lee Man Yu



1st Runner-up
5C Li Tsz Ching

香港城大學舉辦 第八屆香港中學生 傑出作品展 2023

高中組——非凡作品獎
5A 余皓炎



愛德基金會（香港）舉辦 2022-2023 活水行動及 標語設計比賽

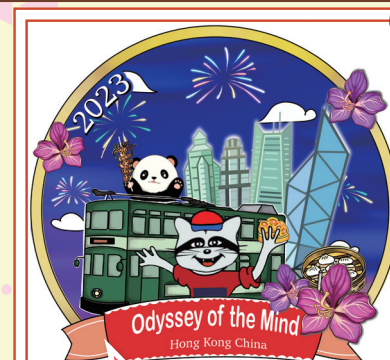


中學組——亞軍 5C 黃子珊

Odyssey of the Mind Hong Kong Regional Tournament Odyssey of the Mind Pin Design Competition 2023



Champion
6A Fung Sum Ying



1st Runner-up
6B Liang Sze Ching