

CCC Kei Yuen College

Year Plan - Physical Education

1 Aims:

- 1.1 To help students learn different skills and knowledge in sports.
- 1.2 To help students develop a habit of participating in sports activities actively so that they can maintain good health, good physical fitness and good body coordination.
- 1.3 To cultivate good discipline, spirit of cooperation and service in students.
- 1.4 To strengthen students' ability to make critical judgments and the ability to appreciate graceful motions.
- 1.5 To encourage students to participate in sports activities, so as to align with the mission of the school: "to establish a happy learning environment, to provide quality education, to develop individual potential and to pursue a fulfilling life together".

2 Present situation:

2.1 Strengths:

- 2.1.1 We have laid a fairly good foundation in subject development, including possessing comprehensive curriculum documents, a variety of sports equipment, etc.
- 2.1.2 Teachers are well-experienced, conscientious about teaching and willing to try new things. Good cooperation is shown between teachers.
- 2.1.3 Students like the outdoor learning activities arranged for them.
- 2.1.4 The school supports students to participate in sports activities.

2.2 Weaknesses:

- 2.2.1 There is a significant difference in students' ability.
- 2.2.2 Students generally do not exercise enough and have weak physical fitness.
- 2.2.3 Inadequate sports facilities and the use of the hall for other activities affect the carrying out of sports activities.
- 2.2.4 The male-to-female ratio of S.1 students is about 4:6 in recent years, which gives rise to difficulty in class placement.

3 Major concerns:

- 3.1 To cater for learner diversity.
- 3.2 To enhance life planning education.

4 Implementation Plan and Methods of Evaluation:

4.1 To cater for learner diversity:

Targets	Strategies	Success Criteria	Methods of Evaluation	Time Scale	Teacher in Charge	Resources Required
<ul style="list-style-type: none"> To provide students chances to develop their potential sports skills 	<ul style="list-style-type: none"> Introducing elite sports classes for training potential students to participate the All Hong Kong inter-school competition 	<ul style="list-style-type: none"> Students at least join two All Hong Kong inter-school or public competitions 	<ul style="list-style-type: none"> Statistics from the school sports participation record 	Whole year	P.E. teachers	/

4.2 To enhance life planning education:

Targets	Strategies	Success Criteria	Methods of Evaluation	Time Scale	Teacher in Charge	Resources Required
<ul style="list-style-type: none"> To enhance students' understanding of life planning 	<ul style="list-style-type: none"> Arrange alumni with achievement in sports to share their life planning 	<ul style="list-style-type: none"> At least one sharing from the alumni 	<ul style="list-style-type: none"> Statistics from the school record about life planning sharing 	Whole year	P.E. teachers	/

5 Budget:

No.	Category	Particulars	Budget(\$)
1	Teaching Aids/Materials	Handball Goal with net	14,000
		Chinese billiard	1,200
		Snooker table	1,800
		Digital Weighing Scale with BMI and height indicators	5,500
		Badminton racket (\$40x40)	1,600
		Shuttle cock	1,500
		Sand bags(\$50x20)	1,000
		Bean bags (\$10x20)	200
		Marker cones	500
		Marker disc	300
		Basketball(\$120x15)	1,800
		Football(\$120x10)	1,200
		Volleyball(\$120x20)	2,400
		Volleyball net	1,000
		Handball(\$70x20)	1,400
		Handball net	600
		Basketball net	500
		Table tennis paddle (\$20x10)	200
		Table tennis net and post set (\$60x4)	240
		Table tennis ball	300
		Rugby ball (\$180x8)	1,440
		Number vest (2 sets)	1,600
		Skipping ropes	600
		Rubber soft ball (\$20x5)	100
		Soft ball bat wrapped with rubber	200
		Ultimate frisbee (\$120x2)	240
Mini badminton net set	400		
Mini football goal	600		
2	Activities	Notice board decoration	1,500
		Grass pitch fee	450
		Indoor sports centre fee	1,000
		HKSSF annual subscription	300
		HKSSF student registration card (\$12x200)	2,400
		HKSSF competition entry fee(LWL)	15,000
		CCC joint school competition	5,000
		Other competitions entry fee(LWL)	20,000
		Lunch allowance	4,800
		Sports team uniform(LWL) (\$200x100)	20,000
		Travel fees for cross country race(LWL) (\$1,200x5)	6,000

	refreshment	400	
	water	300	
	4 day oversea PE exchange tour: *6 sections of training and competition with the local students *40 students *School subsidy: \$8,800x30%x8(students)(LWL) Tour fee\$6,160x8(students)(paid by students) Tour fee\$8,800x32(students)(Paid by students)	21,200	
	Modern dance curriculum design programme(CEG)	9,000	
	Athletic curriculum design programme(CEG) \$500x40hrs	20,000	
	Elite athletic training programme(DLG) \$500x70hrs	35,000	
	Elite skipping training programme(CEG) \$120x50hrs	6,000	
	School sports programme: cycling demonstration (LWL)	1,500	
	School sports programme: outreach coach programme for S.1 (LWL)	23,000	
	beverage	500	
	Lunch allowance for first aid team	500	
	transportation(LWL)	3,000	
	prizes	10,000	
	ceremony stuff	200	
	Plastic envelope	400	
	Venue fee	1,820	
	stationery	500	
	batteries	500	
	Loud hailer	700	
3	Others	Miscellaneous items	1,000
		Total	254,130

6 Working team:

Cheung Yeung Wan (Panel Head), Kong Bik Yu